

D.W. Frommer II – Bootmaker

Custom-Made Western Boots

Work • Dress • Show

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DIRECTIONS FOR SELF MEASUREMENT

The foot is a complex structure of bones, ligaments and muscles. Careful attention must be given when measuring one's own foot. Several points should be kept in mind before beginning:

- When a tape measure is placed around the foot it should be drawn up snug, you and you alone can tell if the tape is too tight, but anyone can *see* loose.
- A boot that is *slightly* too snug can be stretched, but a boot that is too loose is lost. So it is probably better to measure a bit tighter than you might think.
- Keep in mind, also, that the bootmaker has no way of knowing how tight or how loose you have drawn the tape – *only you* can guarantee the fit you want, so please follow directions as carefully as possible.

DEFINITIONS

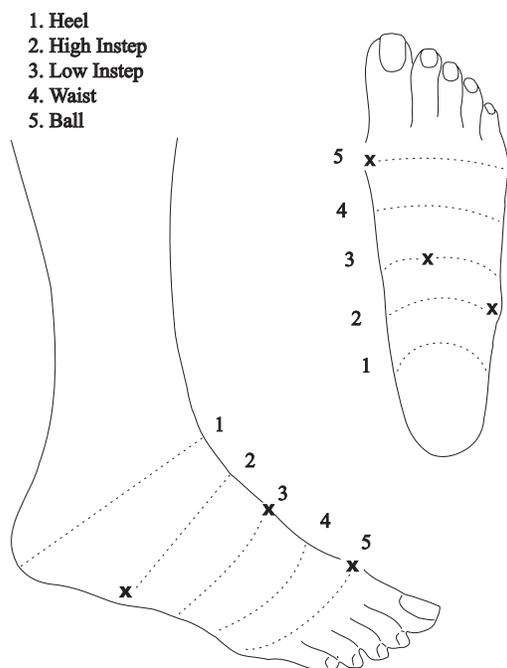
1) The *heel* measurement must be taken around the farthest point of the heel and the face of the ankle, Measure snug here.

2) The *high instep* corresponds to the bony spur on the outside edge of the foot. The tape should be run across that spur and around the foot evenly. Measure snug but not too snug here.

3) The *low instep* will correspond to the small ridge of bone on the top of the foot. On some feet this bone will be more prominent than on others. Measure snug here.

4) The *waist* is the soft fleshy area just behind the *ball* of the foot. Measure snugest here.

5) The *ball* of the foot is found at the center of the heavy pad running under the foot at a rough 15 degree angle. This is the line where the base of all the toe joints are located – where the foot flexes. Measure for comfort here... But not loose.



When viewing the foot from the top, there is usually a rough inch (more for larger feet, less for smaller feet) between the points where the tape crosses the foot.